Lincoln Financial® | Southwest General Partnering with University Hospitals

Because life doesn't always go as planned



No matter how well you plan, unexpected challenges may arise. *EmployeeConnect*℠ offers professional, confidential services to help you and your loved ones improve your quality of life.

In-person guidance

Some matters are best resolved with help from a professional. Through *EmployeeConnect*, you and your family get:

- Up to five in-person sessions with a counselor per person, per issue, per year[1]
- In-person consultations with network lawyers, including one free 30-minute in-person consultation per legal issue and 25% off standard rates for subsequent meetings[2]

Unlimited 24/7 assistance

You and your family can access the following services anytime online, via the mobile app, or with a toll-free call:

- Information and referrals on family matters, such as childcare, eldercare, and pet care; vacation planning; moving; car buying; college planning; and more
- Legal information and referrals for family law, will planning, and consumer and civil law[2]
- Financial guidance on household budgeting and short- and long-term planning

Online resources

EmployeeConnect offers a range of information and resources you can research and access on your own. Expert advice and support tools are at your fingertips when you visit GuidanceResources.com or download the GuidanceNow℠ mobile app. You'll find:

- Articles and tutorials
- Online will preparation
- Beneficiary support and guidance
- Interactive tools, including financial calculators, budgeting worksheets, and more

[1] In California, up to three sessions in six months, starting with initial contact by the employee.

[2] Services aren't included for employment law issues.

EmployeeConnect℠

EMPLOYEE ASSISTANCE PROGRAM SERVICES

Confidential help 24 hours a day, seven days a week for employees and their family members. Get help with:

- Family
- Parenting
- Relationships
- Addictions
- Stress
- Legal
- Finances
- Grief and loss
- Emotional support
- Online will preparation

Not for use in Washington or New York.

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We partner with your employer to offer you the *EmployeeConnect* program with your Lincoln Financial benefits.

Online will preparation

Creating a will lets you make vital decisions ahead of time, including naming a guardian for your children and designating who will receive your property and assets after you die. *EstateGuidance*® offers a secure, simple way to create and execute a will, giving you confidence that you've planned for your family's future.

Experience and credentialed *EmployeeConnect* counselors

When you call the toll-free number, you'll talk to an experienced professional who will provide counseling, work-life advice, and referrals. All counselors hold master's degrees, with broad-based clinical skills and at least three years of experience in counseling on a variety of issues. For face-to-face sessions, you'll meet with a credentialed, state-licensed counselor.



Take advantage of *EmployeeConnect*

To learn more, visit **GuidanceResources.com**.
New users select **Register** (web ID: LFGSupport).

Follow the prompts to create your username and password.

Don't forget to download the **GuidanceNow℠ mobile app**.

For help by phone, call **888-628-4824.**

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LCN-9067226-081026
MAP ADA 8/26 **Z01**
Order code: GP-EMCN-FLI001



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EmployeeConnect℠

EMPLOYEE ASSISTANCE PROGRAM SERVICES

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