

# Employee Screening Mammogram Program

Southwest General offers a convenient way for you to get a screening mammogram right here at work ... even during work hours! Additionally, you can make an appointment whether or not you have a prescription for the screening mammogram. Here's how it works:

## Program Criteria

- Women aged 40 or older
- NO current breast problems
- At least 12 months or more since last mammogram
- NO personal history of breast cancer OR five years or greater post mastectomy
- Breast pain/tenderness without any associated breast masses or lumps (fibrocystic breasts OK)

## Please note:

- Contact our breast patient navigator at ext. **2674** if you have breast lumps, implants or do not have health insurance. She will confidentially assist you with your next course of action.
- If you are obtaining your mammogram during work hours, you must determine the best time with your manager. You cannot accrue any overtime in connection with this program. Your mammogram will take approximately 30 minutes. After your exam, obtain a "Return to Work" excuse form from the Breast Center.
- For more information about the Employee Screening Mammogram Program, contact the Breast Center at ext. **2662**.

## How to Schedule an Appointment

### If you have a physician's prescription for a screening mammogram:

- Call Central Scheduling at ext. **8605**.
- Arrive 10 minutes early for your appointment.
- Your results will go to your ordering physician for review. You also will receive a patient letter from the Breast Center.

### If you do **NOT** have a physician's prescription and do **NOT** have any breast issues or concerns:

- Call Central Scheduling at ext. **8605**.
- Arrive 10 minutes early for your appointment
- Bring a completed mammography form. Forms are available in the Breast Center or on the intranet under employee tab.
- Your results will go to Dr. Leonard Brzozowski, a surgeon on the Medical Staff at Southwest General, for review. You will be contacted if any further follow up is needed. You also will receive a patient letter from the Breast Center.

*more information on back...*



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## Breast Center Hours of Operation

### Main Campus:

*Offers digital and 3D mammography*

Mon. – Wed. 7:30 a.m.-6:30 p.m.

Thur. and Fri. 7:30 a.m.-4 p.m.

Sat. 8 a.m.-noon

### Strongsville and Brunswick:

*Offer digital mammography*

Mon. – Fri. 7:30 a.m.-3:30 p.m.

### Did you know?

- Breast cancer is the most common form of cancer found in women.
- It is the second leading cause of cancer death in women.
- Approximately one in eight women will have invasive breast cancer.

### The good news is:

- Routine mammography offers the most effective means of detecting breast cancer at an early stage, when it is most treatable.
- 3D mammography is available for screening and diagnostic patients at the Main Campus.
- Under The Affordable Care Act, all health plans cover a screening mammogram (no copay, no coinsurance or deductible) when delivered by a network provider. However, check with your insurance company prior to your appointment to see if 3D mammography is covered. If not, an \$103 out-of-pocket fee applies.

\*It is important to understand that a mammogram is only one step in the screening process for breast health. You still will need to see your health care practitioner for a clinical breast exam.



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